



Menu Subject to Change

MARCH 2020

Shenandoah Preschool Lunch Menu

Fat-Free Milk is Served
with All Meals

Monday

2
 Chicken Quesadilla
 Refried Beans
 Fresh Broccoli & Dip
 Mixed Fruit

Tuesday

3
 Popcorn Chicken
 Mashed Potatoes
 Corn
 Strawberries
 Bread & Butter

Wednesday

4
 Hamburger on a Bun
 French Fries
 Cucumber Slices
 Applesauce

Thursday

5
 Cheesy Potatoes & Ham
 Green Beans
 Diced Pears
 Dinner Roll
 Fruit Roll Up

Friday

6
 Cheese Pizza
 Steamed Peas
 Apple Slices

9
 Chicken Patty Sandwich
 Baked Beans
 Cucumber Slices
 Mandarin Oranges

10
 Lasagna Roll Up
 Corn
 Fresh Broccoli & Dip
 Peaches

11
 Pepperoni Bosco Sticks
 Lettuce Salad
 Steamed Carrots
 Pineapple Chunks

12
 Spaghetti
 Steamed Cali. Vegetables
 Strawberries
 Garlic Toast

13
 Shrimp Poppers
 Green Beans
 Celery Bites w/Ranch
 Mixed Berries
 Choc. Chip Cookie

16
 NO
 SCHOOL

17
 NO
 SCHOOL

18
 NO
 SCHOOL

19
 NO
 SCHOOL

20
 NO
 SCHOOL

23
 Turkey & Cheese Sandwich
 Baked Beans
 Fresh Veggie Mix & Dip
 Diced Pears

24
 BBQ Rib Sandwich
 Green Beans
 Apple Slices
 Choc. Chip Cookie

25
 Walking Taco
 Refried Beans
 Lettuce Salad
 Mandarin Oranges

26
 Grilled Chicken Sandwich
 Broccoli & Cheese
 Diced Pears

27
 Mac & Cheese
 Steamed Cali. Vegetables
 Pineapple Chunks
 Garlic Twist

30
 Meatball Sub
 Corn
 Baby Carrots & Dip
 Kiwi

31
 Chicken Tenders
 Baked Beans
 Orange Wedges
 Bread & Butter



This institution is an equal opportunity provider